Welcome Aboard
The 2018 Full World Cruise/
‘World Wonders & Eternal Cities’

“We are like islands in the sea, separate on the surface, but connected in the deep.”

~ William James

The American philosopher was on to something. Travel is the quintessential common ground, reminding each of us as we wander that we are both small and mighty in the fabric of this world. We are connected by both similarities and distinctions, and journeys of new discoveries.

Your Crystal World Cruise is filled to the brim with new discoveries ahead, as you follow the paths of great explorers that came before. Thriving, developed metropolises with centuries of ancient history, cities that will transport you back in time as you explore their enduring practices and cultures that remain from a different era, and natural beauties that seem to have never been touched by time – or people – at all.

Pieces of Paradise
James also touched on another theme of your journey in his insightful quote: islands. Whether you’re setting off on a far-flung 112-day sojourn or 26 days of South Pacific bliss, the romance and mystery of island life awaits.

The Hawaiian Islands are landmarks of profound fame, bordered by some of the world’s most enticing beaches. On Maui, dive into the legend of the demigod namesake, who allegedly pulled the island up from the bottom of the sea by its edges, forming its two volcanoes, Puu Kukui and Haleakaa. You’ll also be regaled with tales of Hawaii’s seafaring past in Lahaina, and reflective moments at the Pearl Harbor memorial site.

Look for fire-walks and welcoming ceremonies in Suva, Fiji, as this mountainous island’s deeply rooted customs remain strong. By contrast, on Mystery Island, Vanuatu – one of the world’s last remaining deserted islands – the richness of life seems to lie in a lack of long-standing traditions, or even permanent residents. No matter, friendly faces from surrounding areas bring warmth to the colorful spot, and Mother Nature is the ultimate hostess for snorkeling, swimming and exploring.

Pioneering Pursuits
Though we are certainly not the first travelers to set out in search of new experiences and cultures, this World continued...
Cruise journey does include discoveries that are firsts for Crystal — maiden calls that we are delighted to share with you. Following one of history's most famous island explorers, Captain James Cook, we'll sail to Cooktown, Australia. Cook's affection for the town came in 1770, when his damaged ship, HMS Endeavour, was beached on its shores, its crew in poor health and its supplies depleted. For nearly two months, Cook worked to mend the sick and the ship, and found in Cooktown "a place of refuge." Today's travelers find the same peace and rejuvenating charm.

During first-time visits in the Philippines, the experience is as varied as it is fascinating. Manila's towering skyscrapers and magnificent cathedrals contrast with the beachside palapas and quiet coves on Romblon and Boracay Islands, but collectively, the locales tell the multifaceted story of the complex Southeast Asian country.

Mangalore, India has seen it all, having been an important trading hub since the sixth century. Likewise, you'll be treated to a glimpse into the holistic past of this cultural melting pot's past. Ancient Indian tradition has been flavored with European and Colonial influences over the centuries, evident in the presence of the Sistine Chapel-inspired St. Aloysius Church juxtaposed with the Kadri Manjunatha Temple and the 10th-century Mangala Devi.

As our journey carries us toward the ancient treasures and temples in China, Cambodia, India and along the Arabian Sea, the diversity of cultures, landscapes and even cuisines will create new perspectives for each traveler on board. You'll find many great differences and individual character in each destination. You'll also find that the great common language among us all is the joy and beauty of new discovery. Warm smiles mean the same thing in virtually any language. After all, no man is an island.

Welcome aboard Crystal Serenity's 2018 World Cruise!

Black Tie Portraits Tonight
5:30pm — 6:15pm
& 7:30pm — 8:30pm
In the Crystal Plaza, Crystal Deck 5

Meet our highly qualified photographers who are ready to capture your Crystal experience.

We invite you to join us for portraits in the Crystal Cove, Crystal Deck 5 Midship.

For further details please contact the Photo Shop #3869.
CRYSTAL SERENITY’S MASTER
CAPTAIN BIRGER J. VORLAND

Raised on the small Norwegian island of Bømlo, south of Bergen, Captain Birger Johannes Vorland spent most of his youth around ships. Growing up on the island, many of his relatives and friends were drawn to careers at sea. Captain Vorland was no exception, having grown up with a father who was a prominent sea captain.

At age 19, young Vorland became a seaman on a cargo ship sailing the North Sea. He then completed his military service and went overseas on cargo ships before making the transition to his first luxury cruise ship in 1983. At first he found life on board a passenger vessel to be very different from that of a cargo ship. However, once he settled in, he decided that a passenger ship was the best place to continue his own career. Captain Vorland then began his officer training in Norway. After returning to sea for practical experience, he subsequently attended nautical college for an additional three years.

In 1988, Captain Vorland progressed to the position of First Officer back on his first cruise ship that he had left five years earlier. The following year he was promoted to Chief Officer—a position he held on two different cruise ships.

He continued to work his way up through the ranks with two cruise lines, serving as Staff Captain beginning in 1994 and then as Master of his first passenger ship in April 2000.

In 2002, Crystal Cruises approached Captain Vorland to see if he would consider joining the Crystal Family. After a brief moment to think over the matter, he accepted the offer and began his stellar career with Crystal Cruises in early 2003 as Master on board Crystal Harmony. He served on this great vessel until she left Crystal Cruises’ fleet in late 2005, when he took a position in the Los Angeles corporate offices of Crystal Cruises.

His tenure as Vice President, Nautical Operations was initially supposed to last just two to three years. However, it ended up being a total of seven and a half years. During his time in the corporate office, Captain Vorland retained his licenses and, from time to time, served as master on both Crystal ships when the need arose.

As any Crystal guest knows, the call of the sea is a strong one. And, in mid-2012, Captain Vorland decided he would like to return to the seagoing life he loves. Coincidentally, a vacancy became available for master of Crystal Serenity and Captain Vorland was happy to step in and assume this leadership role on one of his favorite ships. As he says, “To command the world’s highest rated cruise vessel was an opportunity too great to pass up.”

When he is not at sea, Captain Vorland resides with his wife, Dana, in Sherman Oaks, California, and he makes at least one trip a year back to his native Norway. In either locale, he is most often found enjoying the outdoors. An avid hunter and camper, Captain Vorland also enjoys photography and mountain biking.

SAFETY AT SEA

Crystal Cruises is proud of its excellent safety record, and we do our utmost to improve on our safety procedures and emergency drills. Your safety during your cruise vacation with us is our primary concern.

While Crystal Serenity is manned by well-trained fire fighters and is built to the highest level of fire protection, fire at sea is a serious concern. Please be advised that any use of unauthorized heating elements such as clothing irons or electrical heating coils used in cups or mugs and any open flame such as candles is not permitted in your stateroom.

Please note that smoking of any kind is prohibited in Penthouses, staterooms and on the verandahs. Should you smoke, all cigarettes and cigars must be fully extinguished before being disposed of. Please use only ashtrays or other receptacles intended for this purpose to dispose of all smoking materials. Never leave smoking materials unattended.

To protect the environment, we also request that you never throw anything overboard from the ship’s open decks or your balcony. Please do not leave towels or other personal belongings on the veranda when you are not in your stateroom.

Thank you for your kind attention.

CAN WE BE OF FURTHER ASSISTANCE?

If you have any concerns that we can address during your cruise, please don’t wait to let us know. On behalf of all of our officers, staff and crew, we are committed to doing everything we can to ensure this is your most wonderful vacation.
World Cruise Hostess
Stacey Huston

After graduating from the University of Texas with a Business degree, Stacey moved to the Los Angeles area to pursue her passion for dance and musical theater. She attended UC Irvine and graduated Cum Laude with a degree in Dance, Theater and Choreography. While in school, Stacey “stumbled on” to a Fred Astaire Dance studio and, on a whim, joined their training program. She fell in love with and has been involved in partner dancing for almost 25 years now. She is certified through the highest levels of Ballroom and competed regularly in International Latin for three years. Her rankings include top six placements in numerous national competitions, and upon completing of her competing in 1996, she was ranked 7th in the U.S. and 13th in the world in the Latin division.

She has continued performing in, choreographing and instructing partnering, jazz and theatrical dance over her career, with vast and diverse experiences in film, television, commercials, gala events and stage productions. All of this led to her favorite calling…cruise ships! In addition to dancing, singing and teaching on board ships, Stacey has been a member of the cruise staff and Entertainment departments for several lines.

With Crystal for over a decade, her positions include Hostess and Assistant Cruise Director on board Serenity, along with being Director of Guest Relations shore-side in the corporate headquarters, and currently World Cruise Coordinator and Guest Relations representative. This is Stacey’s 8th World Cruise on her beloved Serenity, where she feels honored, privileged and blessed to be sharing another incredible journey with her Crystal Family and the very best staff, crew & officers on the high seas!

Stacey hosts The Morning Show LIVE with Cruise Director Rick Spath each sea day morning. Stacey also hosts trivia and ZUMBA throughout the World Cruise.

THE PHOTO SHOP

Presenting: PAUL WILKINSON

With a life-long love of photography and a passion for creating beautiful, timeless images, Paul Wilkinson has established himself at the top of his profession as a people photographer. With an informal manner, his exclusive portrait sessions are renowned for capturing his client’s character, producing images with personality and life.

Paul is currently the Chair of the Master Photographers Association (MPA) in addition to being a Fellow of the three major photography associations (MPA, BIPP and SWPP) in the UK. He has won an array of national and international awards for his work, including the UK’s Lifestyle & Location Portrait Photographer of the Year. In addition to being acknowledged as a leading portrait and wedding photographer, his photographs of politicians, Olympians, scientists and chefs have appeared on the BBC, and in numerous publications, including The Times, Readers Digest and Condé Nast.
Creative Learning Institute
Open House
This morning from 9:00am to 9:45am in The Studio, Promenade Deck 7.
Be a part of Crystal Cruises Creative Learning Institute. Join us for our Open House to meet the instructors for this cruise, hear about the course offerings and reserve your space in class – as some workshops have participation limits.

Please note that private lessons are also available. Ask your Instructor.

Crystal’s series of hands-on classes featured on this cruise include:

Arts & Entertainment
Bridge Classes – Our Instructor offers Beginners and Intermediate classes on sea day mornings. Duplicate and Social Bridge is offered in the afternoons.

Odyssey Art at Sea Program – Our Art Instructor offers a series of art classes in the Lido Café, Lido Deck 12 Aft. All levels of artistic ability encouraged and welcomed; no experience necessary. Classes are held at 3:00pm on sea days (and occasional port days).

Our Knitting Instructor offers knitting classes in Tastes Café, Lido Deck 12. All levels of ability encouraged and welcomed; no experience necessary.

University of Southern California Digital Filmmaking Class Filmmaking Made Fun: iMovie for the iPad
The course is taught by professionals but aimed at non-professionals and will teach you skills that can be used with any camera. You will even learn how to share your mini-blockbusters with family, friends, or the whole world.

Passport to Music presented by Yamaha and Crystal Cruises:
An innovative and fun course of piano instruction on Yamaha’s newest portable grand keyboards on sea days (and occasional port days) in The Studio, Promenade Deck 7.

Business & Technology
Computer University@Sea: Our Instructor teaches our popular program of lectures and hands-on classes with state-of-the-art desktop computers and new flat screen monitors. Meet the Computer University@Sea Instructor and staff and sign up for those classes in the Computer University@Sea room, Promenade Deck 7 Midship starboard side.

Wellness
Dance Instruction: Our dance professionals teach ballroom and other styles of social dance on sea days at 1:30pm in Palm Court.

Fitness Classes: Crystal offers a full schedule of fitness classes with our Fitness Directors, such as Tour de Cycle, Fab Abs, and Pilates (Mat). See Reflections for the daily schedule.

Nordic Walking Poles are available for use. Please see our Fitness Directors at 7:30am or 5:00pm on Promenade Deck 7 Aft.

Pilates Reformer Classes: An instructor guides you through pilates moves on the reformer machines. Space is limited and pre-registration is necessary.

TaylorMade® and Crystal’s Golf Program: Our Golf Teaching Professional leads a series of golf clinics. No sign-up necessary; clinics held at 10:00am and 2:30pm on sea days (and occasional port days) in the Sports Area on Tiffany Deck 6, Aft.

Walk On Water and WALKVEST®: The Fitness Directors oversee our innovative weighted-walking program using Debbie Rocker’s WALKVEST®. You can meet them today at 7:30am or 5:00pm on Promenade Deck 7 Aft and ask them about obtaining a WALKVEST for use during the cruise.

Sundry Menu Items Available
Crystal Cruises is pleased to offer our guests a variety of convenience items for purchase through our Sundry Menu.

The menu is available in our boutiques, at the Reception Desk and inside the vanity desk drawer in your stateroom.

You may purchase sundry items by contacting Room Service, who will take your order and arrange to have the items delivered to your stateroom. Some select items are available to purchase even when our boutiques are closed, so if you forgot or have misplaced your toothbrush, just call Room Service to purchase a new one. Any items purchased will be conveniently charged to your shipboard folio, but the delivery service is complimentary.

Bars & Lounges
Kindly note that it is Crystal Cruises policy that children under the age of 18 years old must be accompanied by a parent or legal guardian when attending public bars* on board Crystal Serenity.

Guests must be at least 18 years old to be served wine and beer, and at least 21 years old to be served spirits.

*Children under the age of 18 years old are not permitted in the Connoisseur Club. Children under the age of 18 years old are not permitted in the Casino.
Destination Lecturer
Ken Rees

Ken Rees brings to the role of Destination Lecturer over 25 years’ experience as a world-travelling foreign correspondent who has reported from over 150 countries. After starting his journalism career in Cardiff, Wales, as a “tea boy and pencil sharpener” for the editor, Ken went on to hold almost every job in a television newsroom – from scriptwriter, news editor, presenter and reporter. As Controller of News and Current Affairs for HTV, he oversaw the major transformation from videotape to create the UK’s first all-digital television news operation. During a 20-year career with Britain’s flagship network program, ITN’s News at Ten, Ken served as Northern Bureau Chief in the UK and Brussels-based Europe reporter. For six years he lived in the United States working as Washington Correspondent, during which time he was honored as British Television Reporter of the Year by the Royal Television Society.

Ken has over 8,000 TV story credits including two US Presidential races, the Oscars, the loss of the space shuttle Challenger, and the hunt for the Yorkshire Ripper. He also reported from the Falklands War, Iraq, Beirut, the Gulf War and several Royal tours. He has since worked as a broadcast consultant, trained journalists for TV companies, and now writes on travel and world affairs.

For the past 10 years, Ken has also enjoyed his role as a world-travelling destination lecturer with Crystal Cruises. He and Lynne have two children and two grandchildren and live in the UK and the South of France, where they keep a small organic vineyard in the Minervois region.

Ken Rees presents the first of his talks at 10:00am in the Galaxy Lounge.

Crystal Visions
Enrichment Program

Crystal Cruises’ unique enrichment programs always include at least two expert speakers to enhance our guests’ enjoyment and education on board.

A prominent historian, anthropologist or similar expert on the itinerary area is always on hand to share expertise and fascinating information about the ports or global areas visited on the cruise. In addition, another renowned expert in a specific field of interest offers talks to increase guests’ awareness of the wonderful world around them.

Our award-winning enrichment program also always includes instruction in Bridge, dancing and computers, and on selected sailings, experts are also invited to share their knowledge in the fields of golf, arts and crafts, yoga, health and fitness, the culinary arts, wine tasting, music, opera, the fine arts, literature and the performing arts.

Daily Reflections gives complete schedules and biographical information about our excellent Crystal Visions enrichment speakers and instructors.

Special Interest Lecturer
Dennis Mammana

With degrees from Otterbein College and Vanderbilt University, astronomer Dennis Mammana has held positions at the Smithsonian Institution’s National Air & Space Museum, the University of Arizona, and San Diego’s Reuben H. Fleet Science Center. He is the author of six books, hundreds of magazine and encyclopedia articles and, since 1992, has written “Stargazers”—the only weekly syndicated newspaper column about astronomy. He is one of only six representing the U.S. in TWAN (The World at Night), an elite team of the world’s most highly-acclaimed celestial photographers. He co-hosted the Emmy Award-winning documentary “San Diego Night Sky” with KPBS-TV, Quarks to Quasars with UCSD-TV, and has received the Robert Burnham Jr., Award for Exceptional Service in Astronomy from the Astronomical League. Mammana has enlightened audiences at resorts, on cruise ships and land tours, and as an after-dinner speaker, and is a frequently-invited guest on both radio and television.

Dennis Mammana presents the first of his talks at 1:30pm in the Hollywood Theatre.

Crystal Adventure Channel

Tune in to Channel 60, the Crystal Adventure Channel, to learn about Shore Excursions opportunities in upcoming ports of call.
Del Mar College
Instructor Stan Leja

Stan comes to Crystal Cruises with an impressive background. After graduating from the U.S. Military Academy, he spent almost 30 years in the Army. He has wide experience working with the global computer and satellite communications industry developing computer based systems for the Army. His academic background includes a MBA from the University of Utah; a MS degree in Operations Research and an Engineer degree in Operations Research from Stanford University; and a MS degree in Computer Science from Texas A & M Corpus Christi.

Teaching is a joy to Stan. He discovered this early on, when he served as an Assistant Professor in the Department of Mathematics at West Point. He also taught in Long Island University's C. W. Post MBA program for several years; for Boston University in its M.S. in Computer Information Systems program and in the M.S. in Management program; and for the Texas A & M University Corpus Christi's Computing and Mathematical Sciences Department.

At Del Mar College, Stan teaches various computer science courses and advanced gaming technologies utilizing animation and simulation software. He has also served as the Engineering Coordinator for Del Mar College's Electrical Engineering, Mechanical Engineering, and Engineering Technology programs.

In addition, he developed courses for Del Mar College and has taught Everything Apple (fully accredited college level and CEU computer literacy) courses for our guests on ten World Cruises. During these World Cruises, he also offered personalized iPad, iPhoto, iMovie, iCloud, iWork, and music composing instruction.

Stan has an outgoing and patient personality, which coupled with real enthusiasm make him very effective in helping guests learn new skills. After traveling and living all over the world, Stan and his wife, Mary, now reside in Corpus Christi, Texas.

PGA Golf Professional
John Clark

John caddied and started playing golf at the age of eleven, at Interlaken GC, Fairmont, MN. He caddied for Patty Berg, LPGA touring Professional, in a golf exhibition with Ray Keller, PGA Club Professional, at Interlaken GC, Fairmont, MN in 1958.

Next he served his PGA apprenticeship at Interlaken Golf Club, Fairmont, MN, under Wayne Sebo, PGA, Minnetonka CC, Excelsior, MN, under Wally McGuren, PGA and Columbine CC, Littleton, CO under Tony Novitsky, PGA.

John was elected to the PGA in 1972, at the Broadmoor CC, Colorado Springs, CO, with the PGA executive board, which included Dow Finsterwald and Arnold Palmer. John held the Head Professional positions at Hyperion Field Club, Des Moines, IA, Apple Creek CC, Bismarck, ND, Pinefield CC, Flagstaff, AZ, Sheraton Resort & CC, Chandler, AZ, Marine Memorial GC, Oceanside, CA, San Diego Golf Academy, Carlsbad, CA.

John also played in a MS golf exhibition at the Wakonda CC, Des Moines, IA with Arnold Palmer. He was awarded the Merchandiser of Private CC's in the Iowa Section PGA in 1981 and became a member of the PGA Quarter of Century Club in 1997.

John currently keeps his hand in the game, so to speak, giving private lessons in the San Diego area.

This is John's 12th World Cruise on Crystal Serenity. John met his wife Pauline, in Harrogate, Yorkshire, England. They have three children, five grandchildren, and two great grandchildren.

Everything Apple

An updated series of 'Everything Apple' courses developed and taught by Professor Stan Leja (Corpus Christi, TX) is again being offered on iPads, iPhones, iMacs, iTunes, iWork, iLife, and iCloud. This Apple training provides several different Continuing Education Unit (CEU) granting courses from Del Mar College designed to improve your ability to understand and to use your Apple devices.

Each course will contain different in depth lectures and experimentation with various applications on both iPad/iPhone devices and Apple computers. Photography, music, navigation, communications, business applications, videos, social media, and web surfing with Apple devices will all be covered during different portions of world Cruise 2018. Several software apps are needed on your iPad to fully participate in this coursework.

Complete course details, including course fees, will be available during the Everything Apple Open Houses at 1:30pm on Thursday, January 25th and on Friday, January 26th at CU@Sea. Space is limited, so try to attend the first Open House and be seated in the classroom by 1:30pm.
Crystal Spa & Salon Treats

Offers valid for services booked and provided today.

Discover all the Spa has to offer

Crystal Healing On The Quartz Crystal Bed!

Elemis has pioneered two new deeply relaxing massage treatments in which warm crystals mold and shape around your body helping to release muscle tension and promote a deeper sense of relaxation.

This is a revolutionary mineral-infused experience of skin conditioning, metabolic balancing and energizing wellness.

Nouveau Lashes

We have a perfect solution to make your dream lashes a reality.

LVL Enhance – add length, volume and lift to natural lashes. Lasts up to 6 weeks. 60 minutes only $109

Express – classic volume or evening glamour, create a look tailored to you. Lasts up to 14 days 45 minutes/ only $54

Strip Lashes – perfect for special occasions, strip lashes add instant glamour to any look, in an instant. Lasts up to 5 days. 5 minutes only $32

PHYTO Treatments

(30 minutes)

Treat yourself to fabulous hair!

• Rejuvenate color  • Add shine  • Add protein

Revitalize and nourish the scalp. This new treatment includes a shampoo, stimulating scalp massage, and mask, tailored to suit your personal needs for only $55.

Receive a complimentary blow dry.

Gentlemen’s Spa Barbering

Elemis Express Shave – 30 minutes $45

A deep cleansing exfoliation and a double close shave to leave your skin super smooth.

• Elemis Deep Cleansing Grooming with Shave – 45 minutes $75

Enjoy the Express Shave with the added benefit of a soothing face and scalp massage and a deep cleansing mask.

• Elemis Pro-collagen grooming treatment with shave 55 minutes $99

This premium treatment includes the Express Shave, an anti-ageing mini facial and luxurious face, scalp, hand and arm massage.

Extra Caution during Rough Seas

Crystal Cruises has our guests’ safety in mind at all times. We would like to make our guests aware that we may anticipate inclement weather at times and possible rough seas at short notice.

In the event that we encounter rough seas, guests may wish to take some extra precautions and secure personal items that are breakable or could fall off shelves. Such personal items might include electronic devices (iPads, iPods, e-readers, laptops, etc.) and perfume bottles, among others.

Also, please be reminded to take care and caution when moving about the ship in rough sea as well as when utilizing the bathrooms during the night. Hold on to handrails when walking on steps, stairways or gangways, and be careful when walking on wet decks and when going through exit doors, especially in windy conditions.

Ship’s Official Time

Crystal Serenity’s official time can always be found on stateroom TV Channel 80.

Please be cautious about adjusting your personal phone and other electronic devices as some automatically adjust to local time, while others do not. To be safe, always rely on Crystal Serenity’s Official Time (TV Channel 80) and request a wake-up call via your stateroom telephone.

Captain Birger J. Vorland and the Crystal Family wish a...  

Happy Birthday to:

Mrs. Barbara McTavish
Mrs. Koji Morimoto
Mrs. Monica Sada Salinas
Ms. Kiyomi Nakai Bilok

Happy Anniversary to:

Mr. & Mrs. Alan and Susan Habacht

Best Wishes & Congratulations!
Daytime Activities

Good Morning

7:30am  Morning Walk On Water with the WALKVEST® with the Fitness Director and LEKI Nordic Walking Program with the Fitness Director.               Promenade Deck Aft  7
8:00am – 8:30am  “Good Morning Crystal” (LIVE!) with Cruise Director Rick Spath and World Cruise Hostess Stacey Huston. Taped and rebroadcast until 12 Noon. TV Channel 55  12
8:15am *  Fitness Class: Aqua Aerobics with the Fitness Director. Seahorse Pool  12
8:30am – 12 Noon  The Library is open to check out books, CDs and DVDs. Sign-up for board games to play with fellow guests (Chess, Backgammon, Checkers, etc.) and card games. Library  7
9:00am  Catholic Mass celebrated with Fr. Thomas Falkenthal. Hollywood Theatre  6

9:00am – 9:45am *  Creative Learning Institute Class Open House. Meet the Instructors for Golf, Digital Filmmaking, Bridge, Pilates Reformer Instructor, Odyssey Art at Sea, Knitting, and Dance instructors for this cruise. Hear about the course offerings & sign up, as some classes have participation limits. The Studio  7

10.00am  Crystal Visions Enrichment Program. Destination Lecturer Ken Rees presents A Million Miles, a Thousand Stories: Tales from a Reporter’s Notebook In a thirty-year career as a top TV correspondent, Ken Rees has seen it all – well almost all! Today, he opens his notebooks to some of his favorite tales. From royal tours to holy elephants, from skateboarding parrots to a secret plot to bring the UK’s most wanted robber to justice – all highlights and lowlights from life on the road as a TV reporter. (Simulcast Live and then Rebroadcast from 11:00am to 12 Midnight on TV Channel 56.) Galaxy Lounge  6

10.00am *  Intermediate Bridge with Ginny Schuett. “Bidding Fundamentals.” Bridge Lounge  7
10.00am  Fitness Seminar: Walking with Comfort with the Fitness Director. Do you experience any foot, ankle, knee, hip or shoulder pain? Find out how your feet affect the rest of your body as well as your balance and posture. Fitness Center  13
10.00am *  TaylorMade® Golf Clinic with PGA Golf Teaching Professional John Clark. Golf Swing Philosophy Part 1 Galaxy Lounge  6
(Golf nets are on Deck 6 Aft, down the stairwells on Deck 7 Aft.)

10.15am  Acupuncture: A Life-Changing Introduction with Acupuncturist Ayumi Yokozawa. Don’t miss this introduction to the benefits of Acupuncture. Learn the history of Chinese philosophy and obtain an insight into how this ancient health care system works. Avenue Saloon  6

10.30am *  Odyssey Art at Sea Knitting Class. The Joy of Knitting with Susan Jinnette Parent. Please join in and be part of the fun! Palm Court  12
11:00am  USC Digital Filmmaking. Why Make a Movie? Turning memories into movies. A beginner’s guide to creating exciting videos using your iPad & iMovie app. with instructors Kerry Millerick & Dina Sterr. Class size is limited. Pre-registration is required. Studio  7
11:00am *  Advanced Bridge with Instructor Jeff Schuett. “Play of the Hand.” Bridge Lounge  7
11:00am  Paddle Tennis Open Play with the Fitness Director and fellow guests. For your safety, please wear proper tennis shoes. Wimbledon Court  13

11:15am – 11:45am  Needlepoint Class for Full World Cruisers with Asian Hostess Teru. Select a kit to work on during the cruise. Kindly be present to receive one kit per person. Palm Court, Port  12
11:30am – 12:30pm  Mark Farris plays the Crystal piano for your listening pleasure. Crystal Cove  5

* Indicates Creative Learning Institute Activity
12 Noon
Captain's Update. The latest weather and navigation information.
Resorts World at Sea Casino: $60 Texas Hold'Em Tournament.
Register by 12:45pm.

1:00pm
PA System & Channel 80
Resorts World Casino 6

1:30pm
Crystal Visions Enrichment Program. Special Interest Lecturer Dennis Mammana
"Seven Wonders of the Universe." Journey across the cosmos to witness the most
spectacular phenomena in existence... this is one voyage you won't soon forget!
(Simulcast Live and then Rebroadcast from 2:30pm to 12 Midnight on TV Channel 61.)
Hollywood Theatre 6

1:30pm *
Complimentary Dance Class: Dance Waltz, Rumba and Swing!
with Dance Instructor Curtis and Beverly.

1:30pm – 2:30pm
Poolside Music with the Crystal Quartet, weather permitting.

1:30pm – 4:00pm
Mah Jongg Players meet in...

1:30pm – 6:00pm
The Library is open to check out books, CDs and DVDs.

1:30pm – 2:30pm
Yamaha Passport To Music for Beginners (Lesson 1), presented by instructor
Elaine Rusk, introduces adult beginners to the joy and satisfaction of playing the
keyboard in a fun and non-intimidating atmosphere.
Limited class size; pre-registration is required.

2:15pm
Fitness Seminar: Detox for Health and Weight Loss. Our Fitness Director
teaches you how your body works on the inside and how our metabolism is
affected through daily living. Learn how you can melt away any stubborn fat.

2:30pm
ZUMBA with World Cruise Hostess Stacey Huston. Ditch the work out and join the
Latin and World Music inspired Dance Party! No experience necessary.
Don't forget your towels and water.

2:30pm
Needlepoint Class for Segment Cruisers with Asian Hostess Teru.
Select a kit to work on during the cruise. Kindly be present to receive one kit
per person.

2:30pm
Table Tennis Open-Play with the Fitness Director and fellow guests.

2:30pm *
Duplicate Bridge with Instructor Ginny and Jeff Schuett.
The Bridge Lounge is reserved for lessons and bridge games only.

2:30pm *
TaylorMade Golf Clinic with PGA Golf Teaching Professional John Clark.
Golf Swing Philosophy Part 2.
(Golf nets are on Deck 6 Aft, down the stairwells on Deck 7 Aft.)

2:30pm
Resorts World at Sea Casino: $25 Slot Tournament Qualifying Session
Register by 2:15pm.

2:30pm

2:30pm – 3:30pm
Yamaha Passport To Music for Beginners (Lesson 1), presented by instructor
Elaine Rusk, introduces adult beginners to the joy and satisfaction of playing the
keyboard in a fun and non-intimidating atmosphere.
Limited class size; pre-registration is required.

3:00pm *
Odyssey Art at Sea with Instructor Beth Wagner. "Bon Voyage"
Welcome! Create a watercolor of our departure from the colorful Los Angeles
harbor or paint a subject of your choice. All welcome, no experience necessary.

3:15pm
Acupuncture Seminar: Arthritis. A helpful summary of the different causes and
treatments of Arthritis. Our onboard Acupuncturist Ayumi Yokozawa discusses
how alternative solutions, such as acupuncture, can help to manage chronic
symptoms and improve your quality of life.

3:30pm
Resorts World at Sea Casino: $25 Blackjack Tournament Qualifying Session.
Register by 3:15pm.

3:30pm – 4:30pm
Yamaha World Cruise Progressive (Lesson 1), presented by instructor Elaine Rusk,
is designed for guests with prior keyboard experience and will explore a variety of
musical topics throughout the 2018 World Cruise.
Limited class size; pre-registration is required.

3:30pm – 4:30pm
Crystal Afternoon Tea Time with piano music by Richard Pucci.

4:00pm
BINGO: hosted by the Resorts World At Sea Casino. (Games start at 4:15pm)

4:00pm *
Fitness Class: Total Body Conditioning with the Fitness Director.

4:30pm
Friends of Bill W. meet in...

* Indicates Creative Learning Institute Activity

Crystal Serenity • Wednesday, January 24, 2018
PERSONALITY PROFILE

Acupuncturist
Ayumi Yokozawa

TCM, LAc, Licensed Acupuncturist, Aromatherapist

Ayumi has been in the field of Acupuncture and Oriental Medicine for ten years and brings extensive clinical experience at Acura Acupuncture Clinic, which is one of Tokyo’s leading acupuncture clinics in Tokyo, Japan.

Ayumi uses her acupuncture treatment skill and experience to treat all types of Pain Conditions, Arthritis, Sciatica, Gynecological Disorder, Cosmetic acupuncture, Weight Loss issues, and even Sea Sickness. Using several aspects of traditional Chinese Medicine to include Acupuncture, Chinese Herbal Therapy, and Lifestyle recommendations, Ayumi is able to begin treating your health concerns today.

Acupuncture

The Point of Well-being
Discover the ancient healing methods of acupuncture during your cruise.

One of the fastest growing alternative treatments to manage your health issues is acupuncture. Your onboard acupuncturist is certified to safely and effectively treat a variety of symptoms and conditions.

Take advantage of our special offer:
1 Session of Acupuncture $160
3 Sessions of Acupuncture $420 ($60 savings)
5 Sessions of Acupuncture $660 ($140 savings)
10 Sessions of Acupuncture $1,240 ($360 savings)

AVENUE OF THE STARS BOUTIQUES, Tiffany Deck 6

Join us in Apropos for the
ANANDA FASHIONS
Jewelry launch

Owner and designer of Ananda Fashions, Brian Schaps, travels the world finding the most unique jewelry and works with a team of artists to create truly exceptional and affordable hand crafted luxury. Each piece is carefully hand set with precious and semi precious gems in 925 sterling silver.

Visit Apropos to view this bold yet striking collection.

ANANDA FASHIONS

Crystal Serenity • Wednesday, January 24, 2018
Karen Dickson

Karen Dickson was born in Hampshire, England, but proud to have been brought up in Fife, Scotland. Since 2002 Karen has worked on luxury cruise ships managing their boutiques, including most recently Crystal Symphony and Crystal Serenity. Karen has worked with Hubert’s designs since 2008 after meeting Hubert while working on the beautiful Crystal Symphony and enjoys the diversity of working alongside such a talented designer as Hubert. All of Hubert’s designs are artistically and meticulously constructed, from fun fashion pieces, to one-of-a-kind designs. He is one of the few jewelers involved in every aspect of jewelry making, which is one of the main reasons why Karen is proud to represent his company. In her years of travelling, Karen has visited just about everywhere that a ship can reach, amongst her favorite places would be Australia, much of Europe, the South Pacific and Antarctica which she tells as a truly memorable experience. Happiest in warmer climates, Karen loves the beach which is why you will rarely see her at home during the Scottish winters. Crystal Serenity welcomes Karen for our “Pacific Sojourn” cruise; “What I love about Crystal is having so many familiar faces, staff and guests to return. Meet Karen in FACETS this cruise.

Joe Vainisi

Joe Vainisi was born in Chicago, Illinois. Joe studied business at Western Michigan’s Hayworth College of business and received his bachelors in business in 2003. After several years in a management position Joe decided to join the United States Navy in 2011. Joe spent many years training with Navy Seals and Marines and was stationed in Yorktown, Virginia. From there Joe was deployed to Kuwait, Bahrain and Dubai where he was a coxswain and gunner that provided small boat security for larger ships entering and exiting port. While deployed in the Middle East Joe would spend his free time at the Gold Souq and learning about diamonds and gemstones. When Joe decided to change career paths he was honorably discharged from the Navy in 2014 and decided to attend the Gemological Institute of America in Carlsbad, California. After graduating from GIA as a Graduate Gemologist in 2016 he started working with Hubert on Crystal. Joe has worked with Hubert since 2016 and enjoys traveling around the world representing his brand. Joe loves the fact that in Facets we can design or customize any piece of jewelry with the variety of loose gemstones that we have on board. If you can imagine it, we can make it; the possibilities are endless.

FACETS Fine Jewelry Boutique
The Vintage Room: A Unique Concept in Wine & Food Pairing in an Intimate Setting

Crystal Serenity’s innovative Vintage Room was created as a venue for promoting wine appreciation and the vast range of wine selections offered on board. This unique enrichment experience focuses on wine, with food specially prepared and paired to complement the specific fine wines selected for the evening.

We are now offering a special Vintage Room introductory event for those guests who would like to expand their wine horizons as well as enjoy the elegant surroundings of The Vintage Room and the unique culinary experience created by our own talented onboard chefs.

As a special introduction to Crystal Cruises’ unique Vintage Room, we invite you to join our wine and food pairing dinner being offered this cruise on Thursday, February 1.

If you would like to participate in this special evening, please contact our Head Sommelier Mario da Silva at ext. 3750. Space is limited to 14 guests accommodated on a first-come, first-served reservation basis. The event commences at 7:00pm.

There is an introductory, all-inclusive charge of $250 per person, posted to your shipboard account. This price includes six fine wines, chosen especially for this dinner by our Head Sommelier, who also offers wine tasting notes during dinner. The Executive Chef has created exclusive culinary pairings with the wines, resulting in a leisurely six-course dinner, which is enjoyed over the approximately three-hour evening of wine and food pairing in the intimate Vintage Room, located between Silk Road and the Library on the port side of Promenade Deck 7 Aft.

Please note that reservations must be made with the Head Sommelier no later than 6:00pm the day before the dinner.

A minimum of ten guests is required for The Vintage Room event to be offered; you will be notified at least 24 hours in advance of any change in the evening’s scheduling. Should you need to cancel, please advise the Head Sommelier or our concierge a minimum of 24 hours prior in order to avoid the cancellation fee which will be charged if you do not honor your reservation.

In addition to this introductory offering, guests may also partake in a variety of other wine “themed” dinners on any evening of their choice during the cruise. By special arrangement with the Head Sommelier, private parties of up to 14 people can be arranged. Guests can choose an array of fine wines from our exclusive wine list, then our Executive Chef pairs unique culinary creations to enhance the qualities of the wines chosen. During the dinner, the Head Sommelier also offers complete wine tasting notes. For these exclusive private dinners with up to 14 guests, there is a minimum all-inclusive charge of $2,600, which includes the food, fine wines and gratuities.

Welcome to another unique Crystal Cruises exclusive and a truly innovative new concept of pairing fine wines with fine food: The Vintage Room.

Wine Tour of the Great Estates

Menu Sample
Champagne
Moët et Chandon, Cuvée Dom Pérignon, Brut, Epernay 2006

White Wines
Cantina Terlano, Sauvignon Blanc “Quartz,” Alto Adige, Italy 2014
Leeuwin Estate, Chardonnay, “Art Series,” Margaret River, Australia 2013

Red Wines
Château Léoville Barton, Second Growth, Saint-Julien, Bordeaux, France 2008
Opus One, Robert Mondavi/Baron Philippe De Rothschild, Napa Valley 2013

Dessert Wine
Kracher, Trockenbeerenauslese, “Cuvée No.1”, Burgenland, Austria 2003

Food Pairings
Poached Lobster Tail
Pierre Robert, Fresh Plums & Summer Truffle

Butternut Squash Ravioli
Noisette Butter

Arctic Sea Bass
Porcini-Red Wine Gastric & Artichoke

Wagyu Beef Tenderloin
Celery Purée, Baby Vegetables & Shallot Demi-Glace

Ricotta Cheese Strudel
Glazed Grapes & Lavender Honey

Chocolate & Cassis
Our Homemade Vintage Room Chocolate Pralines

For your reservations to experience this new concept in wining and dining, contact our Head Sommelier at ext. 3750 or Concierges at the Reception Desk.
7:45pm • Palm Court, Lido Deck 12 Forward
Captain’s Welcome Reception with Music by the Crystal Quartet

8:30pm & 10:30pm • Galaxy Lounge, Tiffany Deck 6 Forward
Crystal Serenity’s new production...
“Crystal in Motion”
Featuring The Crystal Ensemble of Singers and Dancers
Accompanied by the Crystal Showband under the direction of Raphaël Derkson
Crystal Specialty Artists, Violinist Irina Guskova and Crystal Showband Vocalist Karin Kovacova
Hosted by Cruise Director Rick Spath

Crystal Cove
Crystal Deck 5 Midship
Richard Pucci plays the Crystal piano: 6:30pm – 8:30pm
La Arango & Humberto Perez perform for your listening pleasure: 8:30pm – 12 Midnight

Palm Court
Lido Deck 12 Forward
The Crystal Quartet play for your dancing & listening pleasure.
Join the Ambassador Hosts.
5:15pm – 6:00pm, 7:45pm – 8:30pm & 9:30pm – 12:30pm

Avenue Saloon
Tiffany Deck 6 Aft
Mark Farris plays cocktail music: 7:45pm – 8:30pm
Mark Farris sings and entertains: 9:30pm – 12:30am

Hollywood Theatre
Tiffany Deck 6 Midship
Dinner and a Movie: Stronger, Biography, Drama.
Airing Jake Gyllenhaal, Tatiana Maslany, and Anna Richardson. Stronger is the inspiring true story of grease, an ordinary man who captured the hearts of his and the world to become a symbol of hope after surviving the 2013 Boston Marathon bombing. Rated R; 1:59.

Casino
Tiffany Deck 6 Forward
Slots: 24-Hrs. “Stay & Play” Tables: Open today from 1:00am until Closed.

Pulse
Tiffany Deck 6 Aft
10:00pm - Disco opens
11:00pm – Karaoke with DJ Viviano followed by late night dance music.

Dress Code throughout the ship for the entire evening after 6:00pm: BLACK TIE OPTIONAL
A Black Tie Optional evening offers our guests a celebratory opportunity to dress more formally.
We ask that at least a jacket be worn by men for dinner.
Women’s Black Tie Optional includes: A formal cocktail dress, Evening gown or Dressy evening separates;
Men’s Black Tie Optional includes: Dark suit with/without a tie or a Tuxedo.

Please refrain from holding up your electronic devices (iPads, cell phones, cameras, etc.) to film or photograph the show. It is a distraction for fellow guests.
Wednesday’s Dining Hours

Breakfast

Lido Café, Lido Deck 12 Aft
Early Bird & Coffee (Port side)
Continental Breakfast
Breakfast Buffet
Crystal Dining Room, Crystal Deck 5 Midship
Breakfast (Open Seating)
Tastes, Lido Deck 12 Aft
Late-Risers Breakfast
The Bistro, Tiffany Deck 6 Midship
Go-to Coffee Bar with Freshly Baked Pastries
Late-Risers Coffee with Danish Pastries

Luncheon

Crystal Dining Room, Crystal Deck 5 Midship
Luncheon (Open Seating)
Lido Café, Lido Deck 12 Aft
Luncheon Buffet
Tastes, Lido Deck 12 Aft, Starboard Side
Luncheon
The Trident Grill, Lido Deck 12 Midship, Port Side
Grill open for hamburgers, cheeseburgers, wraps and snacks
Scoops Ice Cream Bar, Lido Deck 12 Midship
The Bistro, Tiffany Deck 6 Midship
Bistro Snacks, Tarts and Pastries
Crystal Afternoon Tea Time in the Palm Court, Lido Deck 12 Forward

Dinner

Crystal Dining Room, Crystal Deck 5 Midship
Dinner (Main Seating, Assigned)
Dinner (Late Seating, Assigned)
(Guests are kindly requested to be seated within the first 15 minutes)
Prego, Promenade Deck 7 Aft (Italian Cuisine)
Silk Road, Promenade Deck 7 Aft (Asian Cuisine by Nobu Matsuhisa)
The Sushi Bar, Promenade Deck 7 Aft (Cuisine by Nobu Matsuhisa)
Tastes, Lido Deck 12 Aft Starboard Side
Global Inspired Cuisine
The Bistro, Tiffany Deck 6 Midship
Petit Desserts & Cheeses
Late Night Gourmet Snacks in Avenue Saloon, Pulse,
Crystal Cove and Palm Court

Reservations for Silk Road, The Sushi Bar & Prego may be made in advance by dialing 3854 or 0 at any time. The Sushi Bar is available on a first-come, first-serve basis. If you’d prefer to make reservations in person, Maitre d’ Mario Gallo is available in Prego today from 1:30pm to 5:00pm.
A total of six visits per guest sailing from Los Angeles to Sydney may be made during this cruise to Prego,
Silk Road or The Sushi Bar or a combination thereof without charge. Should further visits be made to any of the specialty venues, a $30 charge fee per person / per visit is charged to your onboard account.
Reservations for evening dining in Tastes are recommended and can be made in advance by dialing “0” anytime or with the Maitre d’ in the Crystal Dining Room during opening hours.

Black Tie Optional Night

Wednesday’s Bar Hours

Avenue Saloon
Connoisseur Club
Crystal Cove
Palm Court & Sunset Bar
Pulse Night Club
Trident Bar

Today’s Drink Special

Negroni Named after Félix Kir (1876 - 1968), mayor of Dijon in Burgundy, who as a pioneer of the twinning movement in the aftermath of the Second World War popularized the drink by offering it at receptions to visiting delegations.
Crème de Cassis and Sparkling Wine.

Avenue of the Stars Boutiques:
Apropos, Crystal Collection and Facets
Open today from 10:00am to 10:30pm.

Computer University©Sea, Promenade Deck 7 Open 24 hours.

Concierge Desk, Crystal Deck 5 Midship
Available today from 7:30am to 7:30pm.

Resorts World at Sea Casino,
Tiffany Deck 6 Forward

Slots: 24-hrs “Stay & Play”
Tables: Open today from 11:00am until Closed.

Future Sales Consultant, Crystal Deck 5
Paula Jean Pfizer is at her desk today from 9:00am to 12 Noon and 3:30pm to 4:30pm.

Please watch TV Channel 59 to view future Crystal Cruises Ocean, River and Yacht Itineraries for 2018 and 2019. We invite you to complete and turn in a future Crystal Cruise booking form to select your next voyage.
Please note all detailed itineraries and fares are complimentary to easily view at www.crystalcruises.com

Crystal Society Hostess, Crystal Deck 5
Alissa Gustafsson is at her desk today from 9:00am to 12 Noon and 3:30pm to 5:30pm.

Crystal Spa & Salon, Sun Deck 13 Aft
Open today 8:00am to 8:00pm. Spa tours and free consultations are available. Please book spa & salon appointments early to ensure your desired time of service. Late appointments until 4:00pm available by request.

Spa, Fitness Center, Aerobics Studio and Weight Room, Sun Deck 13 Aft
Open 24 hours. Gym Equipment declaration forms must be signed for use of gym equipment. One of the Fitness Directors is on hand to answer any questions & book personal training appointments.

Library, Promenade Deck 7 Midship
Open today from 8:30am to 12 Noon, 1:30pm to 6:00pm and 7:30pm to 11:00pm. Check out books, games, CDs & DVDs for your enjoyment.

Medical Center, Crystal Deck 5 Forward
Located just forward of Reception Desk on the port side; use forward elevators or stairs. Open 8:00am to 12 Noon and 2:00pm to 6:00pm.
Doctor’s Consultation Hours:
9:00am to 10:00am & 5:00pm to 6:00pm.

Medical attention (24 hours) call 9911.

Photo Shop, Tiffany Deck 6 Aft
Open today from 9:30am to 1:00pm.

Shore Excursions Desk, Crystal Deck 5
Open today from 9:00am to 7:00pm.

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