



1 July 2022

Dear Guest,

We would like to provide you with an important update before we leave New York. You'll be aware that as we continue to see COVID-19 cases around the world it is to be expected that there are, and will continue to be, a number of isolated cases on board. Our protocols anticipate this possibility and are designed to flex and adapt to these situations given societies are moving to living with COVID-19 in our everyday lives.

Our health protocols have been developed in conjunction with the US Centers for Disease Control and Prevention (CDC), the UK Health Security Agency and global medical experts. Queen Mary 2 is also participating in the US CDC's COVID-10 Program for Cruise Ships Operating in US waters.

### Onboard Protocols

Out of an abundance of caution, **we are now requiring that all guests wear face masks or coverings in all areas of the ship except of course when eating or drinking and in your own stateroom.** This is to help give you, other guests and our crew the best protection against COVID-19 in addition to our advanced health protocols.

Complimentary masks are provided in your stateroom. If you need additional masks, please ask your stateroom steward, or visit Guest Services. If you have your own mask, you're welcome to use this. We recommend you change your mask every 3-4 days or when spoiled or difficult to breathe through.

In consideration of your and others' wellbeing, we encourage everyone to:

- Wash your hands with soap and water regularly or use hand sanitizers where hand washing facilities are not available.
- Try to avoid touching your eyes, nose, and mouth.
- Always cover your nose and mouth with a tissue when you cough or sneeze. If no tissues are immediately available, sneeze or cough into the top of your arm rather than your hands.

If you develop any COVID-19 symptoms on board, please return to your stateroom and immediately notify the Medical Staff by phoning 999 or 911 from your stateroom telephone.

If you develop symptoms or suspect you have COVID-19, our medical team on board will be able to assess you free of charge. Guests may also be required to undergo testing for COVID-19 at any time before embarkation and during your voyage.

We remain committed to the health and safety of our guests, crew and the communities we visit. Thank you for your support. We hope you have an enjoyable holiday.

Dr K Ramsdale  
Medical Director  
Carnival UK